How to Enable Text to Speech (TTS) on Mac

1. To start, open the System Preferences panel under the Apple icon and click on Accessibility.

2. Select the Speech icon

3. Check the option “Speak selected text when the key is pressed”
4. Click the “Change Key” button and choose one modifier key — Command, Control, Option, or Shift — plus one other key of your choice
5. Click OK
6. Test the voice and speaking rate by clicking “Play”. Change these settings according to your preferences.

Now each time you type this key combination, your Mac will read aloud any text you have selected. To stop the speech, type the same key combination again.

The default hotkey for TTS is Option+Escape. You can adjust the voice and speech rate in the Dictation and Speech options in System Preferences.